



WEST SHORE RECREATION AND COMMISSION
2008-2009 VOLLEYBALL LEAGUE
Girls High School Division



Team	Captain	Home	Work	Team	Captain	Home	Work
1. Panther Pride	Heather Manock	571-1070	214-2515	4. Soul Sugati	Kelly Leese	829-4570	
2. Mechanicsburg Senior Cats	Jessie Lewis	795-1174		5. Soul Aura	Jill Devlin	938-2537	
3. Mechanicsburg Junior Cats	Melissa Kohler	691-9597		6. Cedar Cliff Colts	Erin Heiss	763-1464	

Games will be played at Allen Middle School

Date & Time	Court 2	Court 1	Date & Time	Court 2	Court 1
Thursday, November 20			Thursday, January 22		
8:15	Panther vs Colts	Senior Cats vs Aura	8:15	Panther vs Senior Cats	Aura vs Colts
9:15	Panther vs Aura	Junior Cats vs Sugati	9:15	Sugati vs Senior Cats	Panther vs Junior Cats
Thursday, November 27 No Games! Happy Thanksgiving!			Thursday, January 29		
Thursday, December 4			8:15	Junior Cats vs Colts	
8:15	Panther vs Sugati	SeniorCats vs JuniorCat	9:15	Sugati vs Aura	
9:15	Colts vs Sugati	Aura vs Junior Cats			
Thursday, December 11					
8:15	Panther vs Junior Cats	Colts vs Senior Cats			
9:15	Sugati vs Senior Cats	Aura vs Colts			
Thursday, December 18					
8:15	Panther vs Colts	Sugati vs Aura			
9:15	Junior Cats vs Colts	Panther vs Senior Cats			
Thursday, December 25 No Games! Happy Holidays!			Thursday, February 5 Tentative Date for Post-Season Tournament Girl's HS - top 4 teams		
Thursday, January 1 No Games! Happy New Year!!!					
Thursday, January 8			<u>Weather Cancellations:</u>		
8:15	Colts vs Sugati	Panther vs Aura	There will be no volleyball matches on days that the West Shore School District cancels school or dismisses early. On days with morning delays only, matches will occur as scheduled. If in doubt, call the Recreation Office at 920-9515 , press 5.		
9:15	Junior Cats vs Sugati	Senior Cats vs Aura	Please remember that other days of the week may be used as make-up days for any matches that are re-scheduled due to inclement weather or facility problems.		
Thursday, January 15			If you would like to receive a weekly e-mail containing the league standings, just provide your e-mail address to us and we will send the standings to you as an MS Word attachment.		
8:15	SeniorCat vs JuniorCat	Panther vs Sugati	Just call West Shore Recreation at 920-9515 Ext. 107 or send an e-mail to estauffer@wsrec.org to give us your information. The standings will also be available at our website: www.westshorerec.org .		
9:15	Aura vs Junior Cats	Colts vs Senior Cats			

Facility Guidelines

In order to use the school facilities for the league, the following stipulations must be followed:

- **Please do not bring children to your matches.** Please leave them at home with your spouse or a babysitter. There are numerous safety concerns regarding children at the matches. If it is absolutely necessary to bring your child, then please understand that you are accountable for their actions. *All children must be supervised at all times by an adult who is not playing in the games.* Any problems will jeopardize your right to play in the League.
- All spectators must remain in the gyms during the matches. No one is permitted to hang out in the hallways.
- When your team is the first match scheduled for the evening and the school youth basketball program is still practicing, ***you must stay out of the gym until they are finished.*** Please wait patiently in the hallway out of the gym area and remember no hitting or bouncing volleyballs in the hallways.
- No hitting or bouncing balls against the blue divider wall in the gym at Allen Middle School.
- Absolutely no soda/pop permitted in the gym. Only water may be brought into the gym and a lid must be kept on the container at all times. Please make sure all trash is placed in the waste receptacles.
- As with any West Shore Rec. program, drugs and/or alcohol are not permitted in the facilities or parking lots.
- There is not much space for spectators at the matches. Spectators will only be allowed as space permits.
- ***If your team plays the final match of the evening, all players must leave the building immediately after the match is completed.*** Players will only have time (a few minutes) to throw on a sweatsuit or other appropriate clothing and leave the building. Any team discussion that needs to take place must be done outside the building. Restrooms/locker rooms will not be available after the final match.
- Any player who does not adhere to the above stipulations may not be permitted to play in the league for the remainder of the season or in future seasons at the discretion of West Shore Recreation. We must follow these guidelines in order to insure future use of these facilities for the League. Thank you for your cooperation!

Directions to Facilities

Allen Middle School

From North (Route 581) - Take Route 15 South to the Slate Hill Road Exit. The exit ramp makes a very sharp bend to the right. You will pass a gas station on the right then make an immediate left and follow into the large parking lot at the rear of the school.

From South - Take Route 15 North to Slate Hill Road Exit. At "T" make a left and then another left at the traffic light onto Slate Hill Road. Crossover Route 15 and make next left (like you are going to get back on Route 15 South) then make an immediate right into the large parking lot at the rear of the school.

Use main rear entrance to the school and gym is down the hallway on your right.

