

# Secondary Zone

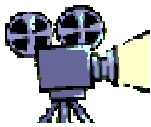
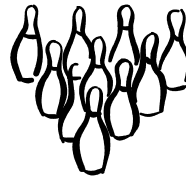
## Sports Training and Classic TV Week

Week 8:

July 25-29

### Monday:

- **Bowling** in cafeteria - Bowling lanes will be set-up including a special one borrowed from Trindle Bowl.
- **Sports Training Information**
- **"ME Bag"** - Staff will share their ME Bags of personal interests.
- **Swimming @ West Shore Natatorium**  
(Depart: 12:45 pm Return: 3:20 pm)
  - ◆ Don't forget your bathing suit, towel, goggles, and flotation device if needed.
  - ◆ Wear comfortable footwear, as the children will be walking to the pool.



### Tuesday:

- **Exercise Circuit**
- **Touch Football**
- **Classic TV** - Three Stooges episodes
- **"ME Bag"** - Campers will share their ME Bags with the rest of the group according to the sign-up schedule. Your ME Bag will consist of 5 items of personal interests such as hobbies, pictures, books, collections, etc.



### Wednesday: Trip Day! -

Must Wear PlayZone T-Shirt!



- **PlayZone at the Movies ~ Camp Hill Cinema**  
Depart: 9:00 am Return: 12:05 am  
**Kung Fu Panda Rated PG**
  - ◆ Campers may bring money for concessions if desired.
- **"ME Bag"**
- **Games** - Pin Bowling and 4-Square x 2
- **Classic TV** - Addams Family episode

### Thursday: Trip Day-

Must Wear PlayZone T-Shirt!



- **Soccer Games**
- **Movie Time Tunnel**
- **Twin Ponds** (Harrisburg, PA)

Depart: 12:50 pm Return 3:30 pm

- ◆ Campers must bring long pants and socks to change into for the trip. Gloves are also recommended as it is a chilly 42 degrees at the rink.
- ◆ Campers may bring money for concessions if desired.



### Friday:

- **Exercise Circuit**
- **Sports Drawings**
- **Games:** Set Them Up Knock Them Down, Messies & Cleanies
- **Classic TV** - Superman episodes
- **Swimming @ West Shore Natatorium** (Depart: 12:45 p.m. Return: 3:20 p.m.)
  - ◆ Don't forget your bathing suit, towel, goggles, and flotation device if needed.



**Please remember to bring a bag lunch. All trips, activities and a snack are included at no additional charge. Schedule is subject to change.**